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Therapeutic Use Exemption (TUE) Checklist

CANADIAN CENTRE ETHICS SPORT



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Intravenous Infusions (Volume > 100 ml per 12 h)

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

A d	uly completed TUE application form;	
Αle	etter from your physician confirming you were seen within the current year (See Annex 1 for sample);	
Me	Medical report should include details of:	
	Medical history: symptoms at manifestation, course of disease, start of treatment. Must define/describe where the	
	infusion was/is to be administered	
	(Note: infusions given as part of hospital treatment, surgical procedure or diagnostic procedure do not require a TUE	
	unless they contain a prohibited substance)	
	Findings on examination: e.g., physical signs of illness or relevant medical condition	
	Interpretation of symptoms, clinical findings and test results	
	Diagnosis of illness or most probable medial condition	
	Infusion: volume and time period over which it has been given (only > 100ml per 12h require a TUE) and substance (if any	
	prohibited substance is infused) including dosage and frequency	
	Response to treatment/course of illness/condition	
	If an alternative treatment was not an option, a description on why IV administration of fluid or substance was/is chosen	
	must be give	
Dia	gnostic test results should include copies of:	
	Laboratory tests: if available, e.g. Hb/Hct, electrolytes, blood cell count, serum ferritin etc.	

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's Medical Information to Support the Decisions of TUECs – Intravenous Infusions.

