



## Therapeutic Use Exemption (TUE) Checklist

### Female Infertility

CANADIAN CENTRE  
FOR ETHICS  
IN SPORT

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DANS LE SPORT

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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history such as menstrual history, previous pregnancy or miscarriage, sexually transmitted disease, gynaecological medical conditions, or surgery
<input type="checkbox"/> Symptoms of endocrine disturbance such as hirsutism, acne, galactorrhea, hot flushes and sweating, or fatigue
<input type="checkbox"/> General physical examination including a gynaecological examination
<input type="checkbox"/> Lifestyle factors and chronic diseases that can affect fertility
<input type="checkbox"/> Response to previous treatment(s) (ovulation monitoring, ovulation stimulation, IVF)
<input type="checkbox"/> A list of past and/or current therapies
<input type="checkbox"/> Diagnostic test results included (copies of originals or printouts)
<input type="checkbox"/> Relevant laboratory tests (ovarian reserve testing such as serum analysis of anti-müllerian hormone (AMH) and follicle-stimulating hormone (FSH) on cycle day 3 to 5 together with AFC by ultrasound)
<input type="checkbox"/> Imaging findings (e.g., vaginal ultrasound, HyCoSy, HSG, laparoscopy, hysteroscopy)

