## ATTENTION ATHLETES! DID YOU KNOW?

## DON'T SHARE OR SUBSTITUTE MEDICATIONS

Not all medications that treat the same medical condition are identical.

Similar medications may contain different prohibited ingredients, even if they treat the same condition. For example, some asthma medications are permitted but others are prohibited.

If you use someone else's medication then test positive, it may result in an anti-doping rule violation.

## BE MINDFUL ABOUT YOUR MEDICATIONS

Use only medications that are prescribed to you and that you have checked in the Global DRO.

Medical exemptions only cover one prescribed medication, not all medications used to treat a condition.

Make sure your prescriptions are up to date, filled and available.

## CCES.CA/CHECKMEDS





