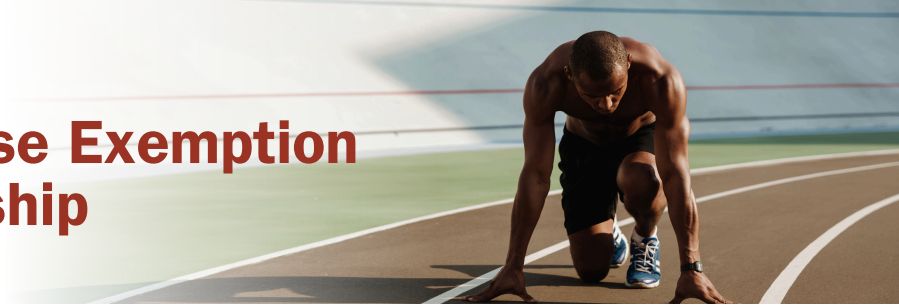


CCES Therapeutic Use Exemption Committee Membership



Athletes may need medications to treat illnesses or medical conditions. If the medication is on the World Anti-Doping Agency's (WADA) Prohibited List, the therapeutic use exemption (TUE) process is available to validate and permit the use of the prescribed medication for therapeutic reasons. For athletes who are subject to the Canadian Anti-Doping Program (CADP) that require a TUE, they must submit an application to be reviewed by the Canadian Centre for Ethics in Sport (CCES) Therapeutic Use Exemption Committee (TUEC). The CCES TUEC is a volunteer committee comprised of physicians with various medical specialties who evaluate the applications submitted by Canadian athletes, including:

- ADD/ADHD specialists,
- Sport medicine physicians,
- Pain management specialists,
- Cardiologists, and,
- Endocrinologists.

By reviewing and evaluating athletes' TUE applications, the CCES TUEC plays a key role in implementing the CADP and supports athletes who rely on substances or methods that are prohibited in sport.

What is it like to be part of the CCES TUEC?

The CCES periodically recruits physicians to join the TUEC so that we can manage applications with support from sport medicine physicians and specialists. Every TUE application is reviewed by a panel of at least three physicians, which typically includes the TUEC Chair or Vice-Chair, a specialist, and a sport medicine physician.

TUEC members review applications and supporting documentation, then reach a decision using an objective and scientific approach based on WADA's [International Standard for Therapeutic Use Exemptions](#). The CCES Athlete Services team manages the administration of TUEs, which includes liaising with applicants to ensure applications are complete, assigning applications to the TUEC for review and managing the outcome, and communicating the results of the review with the applicants.

A sport medicine physician would review applications for several diagnosis classes (e.g., ADHD, diabetes, asthma, pain management, cardiology, hypogonadism, gender dysphoria). A specialist would review applications based on their specific area of expertise. The number of TUE applications a committee member is asked to review is determined by the physician's practice (specialist or sport medicine physician). Generally, TUEC members review one or two applications a month.

"The TUE Committee is one of the functional elements of the CCES. Athletes need to be assured they are competing within a fair system; one without the presence of performance enhancing substances and methods. Our role, as members of the TUEC, is to ensure athletes who require various medications to manage their medical conditions can still participate within the rules established by the WADA Code."

- Dr. Richard Goudie, CCES TUE Committee Chair, BSc MD CCFP (SEM) Dip Sport Med AAPM CAPM

If you are interested in joining the CCES TUEC, please visit: [TUEC member job description](#) or contact Jules Alie, Athlete Services Officer at jalie@cces.ca or 613-521-3340 ext. 3222.