



Therapeutic Use Exemption (TUE) Checklist

Transgender Athletes



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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your treatment and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history: age of onset of gender dysphoria, evidence of complete medical assessment prior to start of any treatment, description of any previous partially or fully reversible treatment
<input type="checkbox"/> Endocrinologist report on initiation of current therapy
<input type="checkbox"/> Interpretation of history, presentation an endocrinologist report by a physician regularly providing care to transgender people
<input type="checkbox"/> Testosterone and spironolactone prescribed including dosage, frequency and route of administration
<input type="checkbox"/> Evidence of follow-up/monitoring of athlete by qualified physician including testosterone levels for renewals
<input type="checkbox"/> Diagnostic tests results should include copies of:
<input type="checkbox"/> Laboratory tests: regular testosterone levels since treatment started (incl. the methods/assay used)
<input type="checkbox"/> Additional information included
<input type="checkbox"/> Surgery report (where applicable)

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's [Medical Information to Support the Decisions of TUECs – Transgender Athletes](#).