



Therapeutic Use Exemption (TUE) Checklist

General

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FOR ETHICS
IN SPORT

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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history: symptoms, age at onset, course of disease, start of treatment; typical symptoms and complications (where applicable)
<input type="checkbox"/> Findings on physical examinations
<input type="checkbox"/> Interpretation of symptoms, signs and test results by physician
<input type="checkbox"/> Diagnosis based on current internationally accepted criteria
<input type="checkbox"/> Substance prescribed, dosage, frequency, route of administration
<input type="checkbox"/> Evidence of follow-up/monitoring of athlete by physician
<input type="checkbox"/> Diagnostic test results included (copies of originals or printouts)
<input type="checkbox"/> Laboratory tests (where applicable)
<input type="checkbox"/> Imaging or other test results (where applicable)