ANNUAL REPORT 2012-2013

Creating an ETHICAL playing field for all



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Grâce à la fusion marquante Centre canadien sur le dopage sportif et d'Esprit SPOI Canada, le CCES se fonde Sur le principes de l'esprit sportif e sport sans dopage. Le CCES a force la base solide des organ ismes avant-gardistes reconi nnus à l'échelle internat afin de créer et d'encour

Canadian Centre for Ethics in Sport 350-955 Green Valley Crescent Ottawa, ON, K2C 3V4

info@cces.ca

www.cces.ca



MISSION

Activate a values-based and principle-driven sport system; Advocate for sport that is fair, safe and open; and Protect the integrity of sport.

VISION

With a view to: Sport in Canada that is fair, safe and open to everyone.

OUR MESSAGE TO YOU

Every child deserves the opportunity to feel the purity, innocence and truth of sport. Every parent wants to see their child participate in sport that helps them discover their own potential, teaches them to work well with others and compels them to be the very best they can be, both physically and ethically. Whether we are participating in sport or bearing witness to it, good sport can be truly brilliant, reminding us of all the great things it can bring to our lives.

But when sport becomes unethical, it becomes ugly. It becomes winning at all costs. It becomes the premeditated check into the end boards that leaves a hockey player with a brain injury. It becomes the calculated decision to use banned steroids to gain half a second on the track.

Sport is always vulnerable in some way. Our faith and belief in sport can also be rattled by a single high profile doping scandal, a story of cheating or an act of violence. From Lance Armstrong's broadcast confession with Oprah to a fight between parents at a local kids' soccer game, unethical behaviour in sport has a way of rocking our foundation, making us question society and the world we live in. Our pride in Canadian sport and in those Canadians who excel at it, is something that deserves to be protected and cherished. Yes, we want to see more Canadians winning medals and more of our kids hoisting trophies above their heads, but not at the expense of everything else. We must, therefore, raise our gaze, look higher, work together and strive relentlessly for good sport, because we know that *good* sport can make a *great* difference in the lives of our children, in our communities and across our country.

During the past year, the CCES has been working diligently to promote ethical sport across Canada and prevent unethical behaviours from taking place. We do this by working with athletes, sport organizations, schools, teams and others. Promoting ethical sport and preventing unethical behaviours in sport have been CCES' key reasons for being. It is increasingly becoming a focus of many other organizations as well. In fact, the sport community has made ethical sport central to its new (2012-2022) **Canadian Sport Policy**, claiming as its first principle that "All participants in Canadian competitive sport adhere to a code of ethics and code of conduct."

Ethical sport is good sport, and good sport – sport that is values-based and principle-driven – is something that requires our collective attention and coordinated action. This is true when it comes to detecting and deterring doping in sport and administering the Canadian Anti-Doping Program. And it is equally true when it comes to preventing other unethical threats to good sport such as violence, poor behaviour on and off the field, and lack of access and inclusion.

But ultimately, good sport can only be achieved when an agreed upon set of common principles are deliberately and intentionally adopted. Those principles can be used to develop sport policies and programs, as well as shape, influence and monitor sport practices while they are in play. These principles have been identified and defined through extensive consultations with Canadians involved in sport at all levels. They have come to be known as the True Sport Principles: Go For It, Play Fair, Respect Others, Keep It Fun, Stay Healthy, Include Everyone and Give Back. At the CCES, we are committed to sport in Canada that is fair, safe and open to everyone. We are committed to working with our partners in and outside the Canadian sport system to root out unethical behaviours and to promote ethical ones. We are pleased; therefore, to provide this annual report on last year's activities.

We trust you will enjoy reading about the many accomplishments highlighted. These accomplishments, which address doping, the promotion of principle-driven sport and advocating for fair, safe and open sport, are the direct results of the tireless and dedicated efforts of our professional staff. We wish to acknowledge the entire CCES team for their many achievements this past year and thank them for their ongoing commitment to good sport in Canada. Our Board of Directors not only provided important fiduciary oversight to our work, but also provided valuable strategic guidance and a steady hand. The generosity of these accomplished Canadians cannot be overstated and to all of them we offer our sincere thanks and appreciation.

We also want to gratefully acknowledge the generous financial support we received from Canadian Heritage and Sport Canada. Their confidence and belief in our work is very much appreciated.



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Louise Walker Chair



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Paul Melia President & CEO

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- Engaged the sport community in discussions about the 2015 World Anti-Doping Code and provided feedback to the World Anti-Doping Agency
- Continued compliance with the ISO 9001:2008 Quality Management Standard which demonstrates that CCES meets the needs of its stakeholders and meets all necessary regulatory requirements
- Re-designed the True Sport website including an emphasis on practical tools to help Canadians live the True Sport Principles
- Collaborated with the United States Anti-Doping Agency during the Lance Armstrong scandal on intelligence and communication initiatives
- Continued to create the conditions for others to join True Sport. Reached 2,974 members who live the True Sport Principles at home, at school, in their community or in their sport

- Offered e-learning modules to more than 32,000 Canadian athletes on topics ranging from supplements to sample collection
- Collected over 2,500 doping control samples under the Canadian Anti-Doping Program
- Developed a strategic business plan to promote ethical sport in Canada
- Recognized the *Art Hawkins Great Canadian Ultimate Game* with first place in the third annual True Sport Give-Back Challenge
- Partnered with the Waterloo Regional Police Service, the University of Waterloo, Wilfrid Laurier University and the Kitchener Rangers to launch *Succeed Clean – Achieve Your Potential Drug-Free* outreach program in the Kitchener-Waterloo region

- Completed opinion research among Canadians and elite athletes on their experience with community sport and threats to sport. The results are helping guide the work of the CCES and True Sport
- Conducted an Athlete Town Hall meeting with 10 elite athletes from across Canada to discuss doping in sport and how anti-doping programs can be improved

CCES BOARD OF DIRECTOR

Dr. Louise Walker – Chair Dr. David Zussman – Vice Chairperson Ken Bagshaw Dr. Françoise Baylis Ronald Bremner Jim A. Durrell François Godbout Dr. Don McKenzie Paul Melia Dr. Jane Moran Debbie Muir Dr. Andrew Pipe – Chair Emeritus Kyle Shewfelt Dr. Jack Taunton This year, we welcomed Dr. Don McKenzie,

Dr. Jack Taunton and Debbie Muir as new members of the Board of Directors. We also recognized the valuable contributions of two outgoing members of the Board of Directors Dr. Jane Moran and Ron Bremner.

Working Groups and Committees

The CCES benefits greatly from the expertise and experience of many individuals who volunteer their time on a variety of working groups and advisory panels.

- The Ethical Issues Review Panel provides analysis and advice on a variety of ethical issues in sport
- The Therapeutic Use Exemption Committee evaluates applications from athletes seeking permission to use prescribed medications on the World Anti-Doping Agency's (WADA) Prohibited List
- The Anti-Doping Review Panel considers matters with respect to anti-doping issues and regulatory requirements
- The Prohibited List Committee provides input on the annual WADA draft Prohibited List
- The Biological Passport Committee provides expertise in hematology, exercise science, medicine and sport physiology

Board Nominations

The CCES Board of Directors is comprised of recognized Canadians with expertise in various fields of knowledge required to ensure the proper stewardship of the CCES. If you are aware of an individual you believe is capable and willing to contribute to the CCES by joining the Board of Directors, please email nominations@cces.ca.

If you are aware of an individual you believe is capable and willing to contribute to the CCES on one of the working groups or committees mentioned here please email nominations@cces.ca.

To find out more about our board members and our governance, please see www.cces.ca/governance.



Most Canadians remember participating in sport when they were young and the positive experiences sport brought to their lives. Also, they recognize the many other benefits of sport such as contributing to a strong cardiovascular system, keeping a healthy weight, increasing stamina and managing stress. In a February 2013 national opinion survey commissioned by the CCES, the majority of Canadians surveyed indicate they believe sport can also instill character in our youth by teaching them values and positive life lessons¹. In fact, 78 per cent generally agree that community-level sport strengthens our communities¹. While good sport can be spontaneous, True Sport was created as a catalyst to help individuals, communities and organizations make certain that good sport happens by design. The following are highlights of just some of the initiatives that kept the force of activation at play over the past year.

TRUE SPORT

True Sport is based on a simple, yet powerful idea: *good* sport can make a *great* difference. As a founding member, the CCES uses the

seven principles of True Sport to promote values-based sport at all levels. As athletes, teams, coaches and communities adopt the True Sport Principles in their programs, they are ensuring a positive sport experience for all. As of March 31, 2013, True Sport membership reached 2,974 members representing millions of Canadians from coast to coast to coast.

¹ Canadian Centre for Ethics in Sport. "Canadian Attitudes Toward Sport." Public Opinion Survey, January 2013.

True Sport Story

The True Sport story illustrates the importance of good sport and how living the True Sport Principles can instill character in our children, strengthen our communities and increase our opportunities for excellence.



True Sport Website

Bringing True Sport Principles to Life

A number of True Sport **resources and tools** have been updated and new ones created to guide new and current members and to help grow True Sport. In March 2013, a website redesign was completed and now more clearly reflects the True Sport brand, new functionality and a focus on practical tools for sport practitioners to help them embed the True Sport Principles into their activities. For example, the True Sport Brand Showcase is an on-line collection of examples of how groups have used the brand on their equipment and uniforms, and in their facility signage. The **True Sport in Action** e-newsletter continues to keep subscribers informed of developments with stories about True Sport members, highlights of new tools and resources, as well as facts and tips on ways to bring the True Sport Principles to life.

True Sport Champions are committed volunteers and community leaders who help spread the word about True Sport in their own communities. The enhanced Champions program offers refresher workshops and infield training. A new True Sport Champion, CFL player James Yurichuk, contributed a **video testimonial** about his commitment to True Sport.



True Sport logo printed on a gymnasium floor



As a professional athlete, it's important for me to live a True Sport lifestyle, as I not only represent myself, but I represent the team on the front of my jersey, and the family on the back

- James Yurichuk, CFL linebacker and True Sport Champion

True Sport and the Canadian Football League

True Sport partnered with the Canadian Football League (CFL) to produce a series of three True Sport web TV spots that were hosted on the www.cfl.ca website throughout its 2012 season. In addition, the CFL produced a 15-second public service announcement (PSA) featuring CFL commissioner Mark Cohon. The PSA highlighted the league's commitment to True Sport and encouraged its fans to join. The PSA, along with a True Sport video ribbon, were aired during all Grey Cup playoff games, including the 100th Grey Cup Championship game.



Recognizing True Sport Members Who Give Back

Giving back comes naturally to many sports teams. The third annual True Sport Community Give-Back Challenge highlighted some of them. A selection committee including CBC Sports' Scott Russell, Olympic Gold Medalist Kyle Shewfelt, ParticipACTION's Kelly Murumets and True Sport's Karri Dawson narrowed the field of creative submissions to six finalists. Over 4,500 on-line votes were recorded and last year's recipients – "Art Hawkins Great Canadian Ultimate Game," "OFSAA Nordic Ski Championships," and "True Sport 4 School Box," – were announced September 29 during the Sports Day in Canada broadcast on CBC Sports.



"Don't be scared of winning or losing. The point is not winning the challenge, the point

is sharing what you're doing with your community. Just Go For It!"

 Christiane Marceau, Executive Director of the Ottawa-Carleton Ultimate Association

The CCES was an active partner in **Sports Day in Canada** 2012 alongside ParticipACTION and CBC Sports. In addition to the national broadcast on CBC and Radio-Canada, the CCES participated in a five-city, cross-Canada media tour, providing the CCES with an opportunity to speak to key journalists about the importance of good sport. Meanwhile, the True Sport logo was featured on Subway menus and in-store displays in New Balance retail outlets across Canada.



The CCES continually strives to elevate the conscience of the Canadian sport community by speaking out on issues on behalf of others, intervening where sport principles are being undermined and garnering support from volunteers, professional clubs and others to participate in the dialogue on ethics in sport. The following are just some of the initiatives of the past year where the CCES has advocated for sport that is fair, safe and open.

Guiding our work – the Canadian Strategy for Ethical Conduct in Sport

The Canadian Strategy for Ethical Conduct in Sport supports the Canadian Sport Policy which guides all governments, institutions and organizations committed to realizing the positive impacts of sport on individuals, communities and society. The Strategy is supported by federal and provincial/territorial governments and the sport community. It addresses the wide array of ethical issues that threaten the integrity of true sport in Canada. A Steering Committee, co-chaired by the CCES and Sport Canada, guides the work under the Strategy. The True Sport Secretariat, housed within the CCES, leads the management of the Strategy. With input from working groups and professionals outside of sport, the Secretariat developed national action plans to inform and engage key stakeholders around the following priority issues: violence in sport, weak governance in sport, harassment, abuse and doping in sport.

Preparing Athletes to Compete Clean

A revised and updated **True Sport Clean 101** course was offered to our national teams, registered testing pool athletes, Football Canada junior football programs, as well as university and college level athletes. We also provided specialty e-learning courses on a feefor-service basis. This year, more than 32,000 Canadian athletes received information on topics such as supplements, anti-doping rules, steroid use, and True Sport Principles. The CCES provides e-learning to other organizations such as Football Canada, Canadian Interuniversity Sport (CIS), the Canadian Colleges Athletic Association (CCAA), and the Canadian Hockey League (CHL).

Karate Canada was the first national sport organization to receive an in-person presentation from the **Presentation Bursary Program**. A fixed amount of funds per quarter has been allocated to this type of education, delivered by doping control officers.

As a first step in the development of **physicianspecific educational materials**, the CCES also provided e-learning to physicians preparing to obtain their Sport Medicine certification.

Succeed Clean Outreach Program

The CCES facilitated the launch of the Succeed Clean Outreach school program focusing on creating awareness of appearance and performance enhancing drugs (APEDs) among youth. Funded by the Ontario Trillium Foundation and developed in collaboration with the University of Waterloo, Wilfrid Laurier University, the Kitchener Rangers, Waterloo Regional Police Services and the Social Innovation Research Group (Wilfrid Laurier University), the peer-mentor program was introduced in schools in both the Waterloo Region District School Board and the Waterloo Catholic District School Board. Student athletes from the partner universities and the Kitchener Rangers, with the support of the Police Services School Resource Officers, were trained to deliver a presentation to elementary, junior and high school students. The sessions are proving to be useful mechanisms to encourage frank discussions on APEDs, supplements, and sports and energy drinks.

Contributing to the SportAccord International Convention

In May 2012, the CCES attended and exhibited at the **SportAccord** International Convention in Quebec City. Sport Accord is an umbrella organization representing hundreds of international sport federations, major games organizing committees, and professional sport organizations. The event provided a chance for more than 1,500 leading decision-makers in the business of sport to meet, network and engage in discussions on how sport can influence the wider society in the years to come. The CCES took this opportunity to market its services directly to international sport federations and major games holders in attendance, as well as profile True Sport to a connected audience.

Strengthening the Sport Community



Club Excellence is a national multisport program whose mission is to actively support the development of sport clubs,

volunteer leadership and community sport organizations, in order to strengthen their contribution to an ethically-based, coach- and athlete-centered sport system. Club Excellence is based on 30 standards which are achievable through three levels of certification. It is the only certification program for community sport clubs in Canada.

Communicating our Work to Canadians

Part of our work includes informing Canadians about doping violations, program updates, news that impacts the sport community such as the Lance Armstrong doping scandal, and news of our role in major Games such as the London 2012 Summer Olympics. We issued more than **32 news releases** last year on a variety of topics generating significant media coverage across Canada and around the world. We also distributed **seven advisory notes** to key stakeholders, alerting the sport community of important issues such as the 2012 Olympic and Paralympic Games anti-doping requirements, World Anti-Doping Code 2015 rules review, and the risks associated with supplement use.

Paul Melia, President and CEO of the CCES, provided valuable insight on issues facing Canadians and the Canadian sport community through his blog called Melia's Take.

"Changing the culture of our sports – by changing the rules and providing incentives for play that highlights respect and fairness – takes time. But change is possible. It starts with what we value."

- Paul Melia, from his blog, Melia's Take

Understanding the Return-to-Play Protocol After a Concussion

The CCES partnered with the Coaching Association of Canada, Parachute Canada, and Hockey Canada on the **Active and Safe Program**, an initiative made possible thanks to funding from the Public Health Agency of Canada. The initiative focused on educating those who work with youth on the return-to-play protocol after a **concussion**. Throughout the year, workshops were held with athletes, coaches and community sport stakeholders. As a result, resources and tools were produced and are now available on the CCES website. Partners hope to build capacity, engage communities, as well as educate and train those who deliver sport to help reduce the incidence of concussions among youth aged 10-19.

The work of the CCES sometimes makes headlines when an athlete tests positive. But most of our work is done away from the media spotlight, protecting athletes and those who enjoy recreational sport, from negative forces that can undermine the foundations of good sport at the community level or on the world stage. During this past year, the CCES continued to lead the Canadian Anti-Doping Program and initiatives to protect the integrity of sport.

Strengthening our Canadian Anti-Doping Program (CADP)

The CADP is funded by Sport Canada and administered by the CCES on behalf of Canadian athletes and the sport community. Currently, 80 sport organizations have adopted the CADP in Canada. One of its core activities is doping control testing among competitive athletes. Over the course of the last fiscal year, 2,524 tests were conducted under the CADP (Table 2). Nineteen anti-doping rule violations were reported (see Table 3). The Canadian Anti-Doping Sanction Registry identifies Canadian athletes who are ineligible to participate in sports that have adopted the CADP.

Canadian athletes have access to a number of resources to help them compete clean. Here are highlights of new developments.

- Together with Sport Canada, the CCES produced an e-learning course which is now mandatory for all recipients of federal Athlete Assistant Program funding, to ensure a higher level of education among Canadian high-performance athletes.
- The CADP in-person presentation, **True Sport Clean**, was revamped to cover the basics of sample collection and to deliver key anti-doping messages. A survey was added to the CCES website for those wishing to provide feedback and ask questions following their presentation.
- One of the most popular tools among athletes and sport physicians is the Global DRO (www.globaldro.com), which provides information on the status of substances in relation to the WADA Prohibited List. There were 86,960 searches during this past year.

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6		GLOBAL	DRO HOME CANADA DRO HOME SEARCH FAQs
SEARCH			Feedb
User Type:	Athlete	×	Important information about search parameters: [User Type] is collected for statistical purposes only.
Sport:	Badminton	~	If you participate in multiple sports, each substance must be searched for each sport to ensure specific sport rules are addressed.
Sport: Nation of Purchase:	Canadai	v v	searched for each sport to ensure specific sport rules are addressed. Select the [Nation of Purchase] carefully. Brands sold in differen
Nation of	Canadai		searched for each sport to ensure specific sport rules are addressed. Select the [Nation of Purchase] carefully. Brands sold in differen countries may contain different ingredients, leading to a differen



CCES Anti-Doping Quick Reference Wallet Card

The CCES staff also responded to 447 **substance inquiries** via email and telephone and processed 183 **therapeutic use exemptions**.

- The CCES Anti-Doping Quick Reference Wallet Card was updated and distributed to national and provincial sport organizations as well as universities and colleges, and various fee-for-service groups. This popular bilingual tool is a handy reference for athletes regarding their rights and responsibilities during sample collection. It also includes a link to online resources.
- The 2013 CCES **Substance Classification Booklet** was released on January 1, 2013 and distributed to all national and multi-sport organizations. This updated, bilingual print resource is meant to provide our elite athletes and their support personnel with important anti-doping information when access to the internet is not possible.
 - A **Supplements Frequently Asked Questions** page was added to the Athlete Zone section of the CCES website to help educate athletes, support personnel and the general public about the risks of using supplements in sport.

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Fee-for-service testing

The CCES also conducts doping control on a fee-for-service basis. Over the year, 1,708 doping control tests were conducted at numerous international events. Examples include the Ottawa 10K and Ottawa Marathon Road Races, the International Skating Union (ISU) World Cup Short Track, and the International Ski Federation (FIS) Snowboard World Championship.

INRS-Institut Armand-Frappier Lab

The INRS-Institut Armand-Frappier Doping Control Laboratory (INRS) in Montreal is Canada's only World Anti-Doping Agency (WADA)-accredited laboratory. The INRS is a key partner in the fight against doping in sport in Canada. The relationship with the INRS is a critical component of the CADP which ensures sample analysis, anti-doping research collaboration, and results management in Canada remains state-of-the-art.

Using Intelligence to Keep Sport Clean

On August 24, 2012, the United States Anti-Doping Agency (USADA) announced it had imposed a sanction of lifetime ineligibility and disqualified **Lance Armstrong**'s competitive results from August 1, 1998 onward. In making this determination, USADA gathered evidence from 24 witnesses. A Canadian athlete was implicated. By providing evidence to USADA, he in turn received a six-month sanction (a reduction of three quarters of the typical two-year sanction, based on his cooperation). This case generated significant public attention around the world. As a brief summary, the CCES took the following actions following USADA's announcement:

- Reviewed all the evidence in the USADA reasoned decision to determine whether any additional Canadians may be implicated
- Presented at the Canadian Cycling Association (CCA) Annual General Meeting
- Called a meeting with the Minister of State (Sport) and his staff to provide a thorough briefing of the Armstrong case
- Responded to a significant number of media inquiries regarding the case
- Undertook an Ethical Inquiry regarding the possibility of the International Cycling Union (UCI) conducting a "Truth and Reconciliation" program

Formal and informal partnerships are proving to be an invaluable component of our anti-doping program. Informal partnerships with law enforcement groups, such as local police, can lead to important conversations on doping-related issues. An example is our work with the **Ontario Racing Commission** (ORC) and our collaboration on outcomes of the underground steroid laboratory discovered in Huntsville, Ontario in June of 2012. Substances from this laboratory were provided by police to the WADA-accredited laboratory for analysis. Other information partnerships can lead to dialogue with international law enforcement groups with intelligence on doping activities that can impact our athletes.



Moving Towards a new World Anti-Doping Program

On January 1, 2015, the new World Anti-Doping Program will come into effect and bring about important changes to the World Anti-Doping Code. The CCES contributed to the world-wide consultation process. The CCES was involved in reviewing several drafts of the new program, as well as consulting with the Canadian sport community on the suggested changes. Beginning in late November 2013, adoptees of the Code will have just over a year to align their rules with the 2015 Code.

London 2012 Summer Olympic and Paralympic Games

The CCES conducted extensive pre-Games testing for the Olympics and Paralympics. Testing was distributed proportionately among the sports on the 2012 Olympic and Paralympic programs based on the final testing goals. In total, 80 per cent of the athletes on the Canadian Olympic and Paralympic teams were tested.

The CCES also supported the Canadian Olympic Committee (COC) with meeting the International Olympic Committee's requirement for athletes to submit whereabouts for the entire Games period. Team Canada athletes that were new to whereabouts submissions were required to complete an e-learning course, while more seasoned athletes were offered an online major games journal that highlighted information specific to the London Games. The CCES also worked with the Canadian Paralympic Committee to assist them in meeting the International Paralympic Committee requirements.

Doping Control Tests by Program

Table 1: Doping Control Tests by Program (April 1, 2012–March 31, 2013)

Test Type	0	11	۵	2	٥	3	Q	4	То	tal
	Urine	Blood								
Canadian Anti-Doping Program	769	110	552	98	445	59	483	8	2249	275
Fee-For- Service	303	76	344	82	382	83	329	109	1358	350
Total tests	1072	186	896	180	827	142	812	117	3607	625

Numbers include tests that are planned, coordinated, and/or collected by the CCES.

Table 2: Domestic Doping Control Statistics (April 1, 2012 – March 31, 2013)

Table 2. Domestic Doping Co		isuus (Ap	111,2012		2013	''
	In-Competition			-Of- etition	Tot	als
Sport	Urine	Blood	Urine	Blood	Urine	Blood
Alpine Skiing	18	0	35	0	53	0
Alpine Skiing – IPC	2	0	3	0	5	0
Archery	2	0	0	0	2	0
Athletics	65	0	121	56	186	56
Athletics – IPC	29	0	74	24	103	24
Badminton	4	0	0	0	4	0
Baseball	2	0	6	0	8	0
Basketball	3	0	14	0	17	0
Biathlon	12	0	31	34	43	34
Bobsleigh	16	0	40	16	56	16
Boccia	0	0	4	0	4	0
Boxing	3	0	29	0	32	0
Canadian Junior Football	18	0	0	0	18	0
Canoe / Kayak – Flatwater	36	0	74	0	110	0
Canoe / Kayak – Slalom	6	0	13	0	19	0
Cdn. Interuniversity Sport (CIS)	16	0	129	22	145	22
Cross Country Skiing	16	0	40	34	56	34
Cross Country Skiing – IPC	1	0	2	4	3	4
Curling	9	0	0	0	9	0
Cycling	63	43	99	13	162	56
Cycling – IPC	8	0	35	0	43	0
Diving	2	0	7	0	9	0
Equestrian	3	0	1	0	4	0
Fencing	3	0	1	0	4	0
Fencing – Wheelchair Fencing	0	0	1	0	1	0

Continued on next page

Table 2: Domestic Doping Control Statistics (Continued)

	In-Com		Out- Compe		Tota	als		In-Com	petition	Out- Compe		Tot	als
Field Hockey	5	0	9	0	14	0	Soccer	6	0	14	0	20	0
Figure Skating	6	0	2	0	8	0	Softball	3	0	0	0	3	0
Freestyle Skiing	7	0	7	0	14	0	Speed Skating	29	0	52	0	81	0
Goalball	0	0	6	0	6	0	Speed Skating – Short track	22	0	48	4	70	4
Gymnastics	21	0	24	0	45	0	Squash	2	0	0	0	2	0
Hockey	2	0	13	0	15	0	Swimming	49	0	93	0	142	0
Judo	18	0	51	0	69	0	Swimming – IPC	3	0	39	0	42	0
Judo – IBSA Judo	0	0	1	0	1	0	Synchronized Swimming	0	0	6	0	6	0
Karate	3	0	8	0	11	0	Table Tennis	0	0	1	0	1	0
Lacrosse	14	0	0	0	14	0	Taekwondo	10	0	24	0	34	0
Luge	4	0	7	0	11	0	Tennis	0	0	2	0	2	0
Modern Pentathlon	0	0	2	0	2	0	Tennis – Wheelchair Tennis	0	0	1	0	1	0
Racquetball	1	0	0	0	1	0	Triathlon	12	0	30	4	42	4
Ringette	4	0	0	0	4	0	Volleyball	0	0	9	0	9	0
Rowing	23	0	102	2	125	2	Volleyball – Beach	4	0	0	0	4	0
Rowing – Adaptive	0	0	12	0	12	0	Water Polo	9	0	14	0	23	0
Rugby	34	0	75	0	109	0	Water Skiing	1	0	0	0	1	0
Sailing	3	0	5	0	8	0	Weightlifting	16	13	41	4	57	17
Shooting	0	0	1	0	1	0	Wheelchair Basketball	2	0	12	0	14	0
Skeleton	5	0	6	2	11	2	Wheelchair Rugby	6	0	0	0	6	0
Sledge Hockey	2	0	1	0	3	0	Wrestling	30	0	67	0	97	0
Snowboard	6	0	6	0	12	0		699	56	1550	219	2249	275

Table 3: Anti-Doping Rule Violations (reported between April 1, 2012-March 31, 2013)

Athlete	Sex	Sport	Violation	Sanction
Barry, Michael	Μ	Cycling	Use: EPO, hGH and testosterone	Six months ineligibility Ended March 10, 2013
Cavanagh, Greg	М	Cycling	Presence: testosterone	Two years ineligibility Ends July 9, 2014
Fleurant, Rachelle	F	Bobsleigh	Presence: clenbuterol, oxandrolone, hydrochlorothiazide	Two years ineligibility Ends October 20, 2014
Haack, Isaac	М	Lacrosse	Possession, Trafficking	Four years ineligibility Ends May 22, 2016
Hupe, Alexander	М	Junior Football	Presence: testosterone, mesterolone, nandrolone	Two years ineligibility Ends November 2, 2014
Kerr, Jason	Μ	Bobsleigh	Presence: testosterone, boldenone, nandrolone, trenbolone	Two years ineligibility Ends November 13, 2014
Kraayeveld, Ashley	F	Taekwondo	Presence: furosemide	Four months ineligibility Ended October 28, 2012
Kuma-Mintah, Kofi	Μ	CIS Football	Presence: cannabis	Two months ineligibility Ends February 12, 2013
MacAdam, Nicholas	М	Athletics	Presence: cannabis	Two months ineligibility Ends September 30, 2012
Pavlopoulos, Billy	Μ	CIS Football	Presence: stanozolol	Two years ineligibility Ends January 9, 2014
Plourde, Vincent	М	CIS Football	Admission	Two years ineligibility Ends March 31, 2014
Plug, Derek	М	Bobsleigh	Presence: SARM S-22	Two years ineligibility Ends October 11, 2014
Ratcliff, Lewis	М	Lacrosse	Presence: oxandrolone clenbuterol, oxycodone	Two years ineligibility Ends November 9, 2014
Roberts, Nick	М	Weightlifting	Presence: clenbuterol	Two years ineligibility Ends February 20, 2014
Rowbotham, Judson	М	Rugby	Presence: cannabis	Two months ineligibility Ends February 18, 2013
Urbani, Luca	М	CIS Football	Refusal	Two years ineligibility Ends March 24, 2014
Undisclosed	N/A	Lacrosse	Presence: cannabis	Reprimand
Undisclosed	N/A	Lacrosse	Presence: cannabis	Reprimand
Jndisclosed	N/A	Rugby	Presence: hydrochlorothiazide	Reprimand



To the Members of the Canadian Centre for Ethics in Sport

Report on the Financial Statements

We have audited the accompanying financial statements of the Canadian Centre for Ethics in Sport, which comprise the statements of financial position as at March 31, 2013, and the statements of operations, net assets and cash flows for the year ended March 31, 2013, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not for profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditors' judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained in our audits is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements present fairly, in all material respects, the financial position of Canadian Centre for Ethics in Sport as at March 31, 2013, and the results of its operations and its cash flows for the year ended March 31, 2013 in accordance with Canadian accounting standards for not for profit organizations.

Report on Other Legal and Regulatory Requirements

As required by the Canada Corporations Act, we report that, in our opinion, these principles have been applied on a basis consistent with that of the preceding year.

McCay Duff LLP, Licensed Public Accountants.

Ottawa, Ontario, June 14, 2013

STATEMENTS OF FINANCIAL POSITION AS AT MARCH 31, 2013

ASSETS

CURRENT		
Cash in bank –	Unrestricted	\$ 860,646
	Contingency Reserve Fund (note 9)	350,000
	Ethics in Sport Reserve Fund (note 10)	347,572
	Funds held in trust (note 7)	92,771
Accounts receival	ple (note 4)	361,026
Prepaid expenses		21,247
		2,033,262
CAPITAL (note 5)		139,457
CCES PARTNERS	HIP PROJECTS INVESTMENTS (note 6)	3
		\$ 2,172,722
LIABILITIES		
CURRENT		
Accounts payable	and accrued liabilities	\$ 1,008,662
Funds held in trus	st (note 7)	92,771
Deferred revenue	(note 8)	144,841
		1,246,274
NET ASSETS		
SURPLUS		89,416
NET ASSETS INV	ESTED IN CAPITAL ASSETS	139,457
NET ASSETS INV	ESTED IN CCES PARTNERSHIP PROJECTS INVESTMENTS	3
CONTINGENCY R	ESERVE FUND (note 9)	350,000
ETHICS IN SPORT	reserve fund (note 10)	347,572
		926,448
		\$ 2,172,722
Commitments (no	te 12)	

STATEMENTS OF REVENUE AND EXPENDITURE FOR THE YEAR ENDED MARCH 31, 2013

REVENUE

Canadian Heritage (Sport Canada)

CCES Core Program Funding	\$ 5,465,700
CCES Project Funding – Official Languages	13,000
CCES Project Funding – International Initiatives	8,000
CCES Project Funding – Government of Canada Interchange program	-
Ethics and Anti-Doping Services – Revenue from other sources	891,951
True Sport Operations & True Sport Secretariat Revenue from other sources	373,788
Interest & Investment Income	17,193
Miscellaneous	72,492
	6,842,124

EXPENDITURE	
Prevention & Education	720,692
Stewardship & Governance	725,610
Protection & Guardianship	5,330,017
Official languages program	14,605
	6,790,924
NET REVENUE (EXPENDITURE) FOR THE YEAR	\$ 51,200

STATEMENTS OF NET ASSETS FOR THE YEAR ENDED MARCH 31, 2013

	Surplus	Net Assets Invested in Capital Assets	Net Assets Invested in CCES Partnership Projects Investments	Contingency Reserve Fund (note 9)	Ethics in Sport Reserve Fund (note 10)	Total
BALANCE – BEGINNING OF YEAR	\$ -	\$ 177,673	\$ 3	\$ 350,000	\$ 347,572	\$ 875,248
Net revenue (expenses) for the year	100,892	(49,692)	-	-	-	51,200
Disposal of capital assets	25,000	(25,000)	-	-	-	-
Purchase of capital assets	(36,476)	36,476	-	-	-	-
BALANCE – END OF YEAR	\$ 89,416	\$ 139,457	\$ 3	\$ 350,000	\$ 347,572	\$ 926,448

NOTES TO FINANCIAL STATEMENTS MARCH 31, 2013

1. ORGANIZATION AND ACCOUNTING FRAMEWORK

The Centre is the recognized Canadian authority on values based and doping-free sport. On behalf of the Canadian sport community, the Centre provides strong and effective leadership on the True Sport Movement and the Canadian Anti-Doping Program. The Centre delivers programs and services domestically and internationally providing advice, education, technical support and solutions to further values based and doping-free sport in Canada.

The Centre was incorporated without share capital by way of Letters Patent on April 29, 1991. The Centre is exempt from income tax as a not for profit organization under the Income Tax Act.

On April 1, 2012, the Centre adopted Canadian accounting standards for not for profit organizations ("ASNPO"). These are the first financial statements prepared in accordance with ASNPO.

In accordance with the transitional provisions in ASNPO, the Centre has adopted the changes retrospectively, subject to certain exemptions allowed under these standards. The transition date is April 1, 2011, and all comparative information provided has been presented by applying ASNPO.

There were no adjustments to net assets as at April 1, 2011 or net revenue (expenses) for the year ended March 31, 2012 as a result of the transition to ASNPO. Accordingly, a statement of financial position as at April 1, 2011 has not been presented with these financial statements.

2. SIGNIFICANT ACCOUNTING POLICIES

These financial statements are prepared in accordance with Canadian accounting standards for not for profit organizations. The Centre's significant accounting policies are as follows:

(a) Revenue Recognition

The Centre follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related restrictions are met. Unrestricted contributions are recognized when received or receivable, if the amounts can be reasonably estimated and collection is reasonably assured.

(b) Canadian Heritage

(Sport Canada) Contributions

Contributions received from Canadian Heritage (Sport Canada) are subject to specific terms and conditions regarding the expenditure of the funds. The Centre's accounting records are subject to audit by Canadian Heritage (Sport Canada) to identify instances, if any, in which amounts charged against contributions have not complied with the agreed terms and conditions and which therefore would be refundable to Canadian Heritage (Sport Canada). Adjustments to prior years' contributions are recorded in the year in which Canadian Heritage (Sport Canada) requests the adjustment. During the year, no adjustments were requested.

(c) Capital Assets and Amortization

Capital assets are stated at cost, net of accumulated amortization. Leasehold improvements are stated net of leasehold inducements. Amortization is provided on the straight line basis as follows:

Office equipment	5 Years
Computer equipment	3 Years
Accounting system	5–10 years
Sysmex equipment	4 years
Leasehold improvements	Over the remaining term of the lease

(d) Foreign Currency Translation

Monetary assets and liabilities denominated in foreign currencies have been translated into Canadian dollars at the rate of exchange prevailing at year end. Revenue and expense items are translated at the rate of exchange prevailing at the time of each transaction.

(e) CCES Partnership Projects Investments

The Centre's investment in International Testing Inc. (I.T.I.), a wholly owned subsidiary, is accounted for by the cost method, whereby the investment is carried at cost and earnings of the investee are reflected as earnings of the Centre only to the extent of a distribution being made. The wholly owned subsidiary has not been consolidated given that it is not material to the Centre. Note 6 describes the financial impact of I.T.I., had the financial statements been consolidated.

(f) Use of Estimates

The preparation of financial statements in conformity with Canadian accounting standards for not for profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities, revenue and expenses and disclosure of contingent assets and liabilities. These estimates are reviewed periodically and adjustments are made to net revenue (expenses) as appropriate in the year they become known.

(g) Volunteer Services

The Centre receives the services of volunteers, the cost of which cannot be reasonably estimated. Therefore, no representation of this expense has been included in these financial statements.

(h) Contributed Equipment

Contributed equipment is stated at fair market value as at the date of receipt.

(i) Financial Instruments

The Centre's financial instruments consist of cash, accounts receivable, accounts payable and accrued liabilities and funds held in trust.

Measurement

Financial instruments are recorded at fair value on initial recognition. The Centre subsequently measures all of its financial instruments at amortized cost.

Impairment

Financial assets measured at amortized cost are tested for impairment when there are indicators of impairment. The amount of any write down or subsequent recovery is recognized in net revenue (expenses).

3. FINANCIAL RISKS AND CONCENTRATION OF RISKS

It is management's opinion that the Centre is not exposed to significant interest rate, liquidity, market, currency or credit risks arising from its financial instruments. There has been no change to the risk exposure from 2012.

4. ACCOUNTS RECEIVABLE

Accounts receivable are presented net of allowance for doubtful accounts of \$7,719.

5. CAPITAL ASSETS

	Cost	Accumulated Amortization	Net
Office equipment	\$ 109,048	\$ 74,623	\$ 34,425
Computer equipment	104,248	94,636	9,612
Accounting system	111,710	34,080	77,630
Sysmex equipment	-	-	-
Leasehold improvements	57,917	40,127	17,790
	\$ 382,923	\$ 243,466	\$ 139,457

Cost of leasehold improvements is net of \$158,800 in leasehold inducements. Amortization expense for the year is \$49,692.

6. CCES PARTNERSHIP PROJECTS INVESTMENTS

		2013	
ational Testing Inc. (wholly owned subsidiary)	\$	3	

Had the financial statements of International Testing Inc. been consolidated, the total assets and surplus would have both increased by \$6,601.

7. FUNDS HELD IN TRUST

Interna

The Centre administers funds on behalf of three international clients for the purpose of coordinating doping control testing. Funds held in trust are restricted for activities related to test coordination on behalf of these clients.

8. DEFERRED CONTRIBUTIONS

Included in deferred revenue are deferred contributions consisting of:

	Balance Beginning of Year	Amounts Received	Revenue Recog- nized	Balance End of Year
University of British Columbia	\$ 48,110	\$ -	\$ -	\$ 48,110
Ontario Trillium Foundation	-	75,000	38,925	36,075
	\$ 48,110	\$ 75,000	\$ 38,925	\$ 84,185

University of British Columbia and Ontario Trillium Foundation funding is restricted for use on specific projects. Funding is recognized in revenue as the related expenses are incurred.

9. CONTINGENCY RESERVE FUND

On March 25, 1997, the Centre's Board of Directors approved the creation of a Contingency Reserve Fund in the amount of \$250,000 to provide a source of funds and/or financial relief for unanticipated interruptions in the Centre's revenue. Appropriations to/(from) the fund have been as follows:

1997	\$ 250,000
2000	(50,000)
2001	100,000
2002	50,000
	\$ 350,000

No appropriation was approved or required during the fiscal period ended in 2013.

10. ETHICS IN SPORT RESERVE FUND

On March 26, 2002, the Centre's Board of Directors approved the creation of what would become the Ethics in Sport Reserve Fund. Appropriations to/(from) the fund have been as follows:

2002	\$ 250,000
2004	400,000
2004	(33,000)
2005	(20,000)
2007	(149,021)
2010	(9,528)
2011	(67,457)
2012	(23,422)
	\$ 347,572

No appropriation was approved or required during the fiscal period ended in 2013.

11. RELATED PARTY TRANSACTIONS

One member of the management of the Centre is a director of the True Sport Foundation, a registered charitable organization. The Centre has provided administrative support at a cost of \$167,412 to the Foundation. These transactions were measured at the exchange amount, which is the amount of consideration established and agreed to by the related parties. Accounts receivable includes an amount owing from the True Sport Foundation of \$173,709, and accounts payable includes an amount owing to True Sport Foundation of \$Nil.

International Testing Inc. (I.T.I.) is a related party by virtue of it being a wholly owned subsidiary of the Centre.

12. COMMITMENTS

- (a) The Centre has entered into a contractual agreement with Institut national de la recherche scientifique (INRS Laboratory) for its services for a fee of \$1,320,000 per year, expiring March 31, 2014. In addition, the Centre is obligated to contribute up to \$95,000 annually for joint research projects and up to \$200,000 annually to the acquisition of analytical instrumentation and other equipment.
- (b) The Centre has leased premises to May 31, 2017 for annual base rent plus operating costs and related taxes of approximately \$119,000 per year. Annual base rent per year is due as follows:

2014	\$ 103,272
2015	\$ 103,272
2016	\$ 103,272
2017	\$ 103,272