



Therapeutic Use Exemption (TUE) Checklist

Musculoskeletal Conditions

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FOR ETHICS IN SPORT

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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history: symptoms, time of onset, acute/overuse injury or chronic disease, presentation at first manifestation, recovery from injury/activity score of disease, start of treatment
<input type="checkbox"/> Findings on examination
<input type="checkbox"/> Interpretation of symptoms, signs and test results by physician
<input type="checkbox"/> Diagnosis
<input type="checkbox"/> Substance prescribed including dosage, frequency, route of administration
<input type="checkbox"/> Response to treatment/course of disease under treatment
<input type="checkbox"/> Explain why alternate non-prohibited treatments were not used
<input type="checkbox"/> Diagnostic test results should include copies of:
<input type="checkbox"/> Laboratory tests as applicable, e.g. inflammation markers (CRP, ESR), rheumatoid factor, anti-CCP, HLA-B27 gene marker
<input type="checkbox"/> Imaging findings (ultrasound, MRI, CT, X-ray) as applicable

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's [Medical Information to Support the Decisions of TUECs – Musculoskeletal Conditions](#).