


I think I'm  
pretty tough but

I'm not  
invincible.

I love sports! 

Last year during a game, I fell and hit the ground head first.  
I was dizzy and confused  
but I went right back into the game.

After the game I was crying and shaking and unable to speak.  
My mom took me to the doctor who told me  
it was a concussion. 

The next six months were hard. I pretended I was ok, but  
I wasn't. I couldn't focus and sound & light really bothered me.

It took time, but  
I'm finally playing sports again!

Don't learn  
about concussion  
the hard way.

Know what to do,  
and keep your  
head in the game.

For Info Visit [www.partnerurl.com](http://www.partnerurl.com)

Katherine Noh



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